

Become a Certified Infant Massage Educator with Infant Massage Australia

Infant Massage Australia's mission is to empower parents and enrich families through the nurturing touch of infant massage – fostering healthy communication, understanding and a love for children in our society. We use touch, our first language, to enhance our expression of love, caring and respect, to aid in the bonding process.

Our Certified Infant Massage Educator training is relationships focussed, centred on developing healthy bonds and secure attachment between babies and their care givers.

Teaching Infant Massage is a rewarding opportunity, promoting well-being and enhancing bonding between infants and their caregivers. Infant massage assists the growth and development of baby's body, mind and spirit. In addition it can bring relief to complaints of colic, constipation, respiratory disorders and sleeping difficulties.

You can contribute to this essential communication by becoming a Certified Infant Massage Educator. No previous massage experience is necessary.

Workshop Structure

The Workshop covers:

- ♥ Infant Massage Benefits
- ♥ Importance of Infant Communication
- ♥ A massage sequence including appropriate use of oils, seeking permission and the “best time” to massage
- ♥ Working with parent groups
- ♥ Bonding and Attachment
- ♥ Unexplained Early Infant Irritability
- ♥ High Need Families
- ♥ Trauma, Touch Deprivation and Infant Release
- ♥ Adaptations for the Older Child
- ♥ Children with Additional Needs
- ♥ Practical Teaching of Families
- ♥ Promotion, Passion and Persistence

Tuition

The tuition fee includes:

- ♥ A four day workshop
- ♥ Amelia Auckett's book - *Baby Massage*
- ♥ Extensive Handouts
- ♥ Vimala McLure's book – *Infant Massage – A Handbook for Loving Parents*
- ♥ Assessment of the Study Module
- ♥ Membership of Infant Massage Australia Inc. Connecting you with a network of practitioners promoting and assisting the work of its members and enabling access to warehouse materials for use in practice and promotion.
- ♥ Ongoing support and resources



Full Accreditation (Certification) with Infant Massage Australia Inc. is achieved by completing a study module after the four-day workshop. You will be expected to work with families during this time.

For those attending the course over two weekends, it is expected that you will work with the families between our two weekends together.

Participants who complete their study module within 12 months of completion of the Workshop will receive a promotion pack comprising IMA Brochures, Gift Vouchers and Promotional Poster.

Participants

The Infant Massage Australia Instructor Training Workshops are designed for:

- ♥ Massage practitioners
- ♥ Child health nurses
- ♥ Midwives
- ♥ Parents and grandparents
- ♥ Other healthcare professionals
- ♥ Anyone interested in working with families

Facilitation

Our facilitators each have over 13 years commitment in teaching & promoting infant massage as well as many years in other health professional roles. They are active executive members of Infant Massage Australia, a non-profit group supporting and promoting nurturing touch to Australian families.

Rachel Maunder has a nursing background with experience in recovery room and operating theatres. She is a remedial massage practitioner who has specialised her massage and courses for pregnancy and babies as her own family of three children has grown.

Amanda Buckmaster Amanda is a remedial massage practitioner specialising in treatments for women and children. A mother of two, Amanda is also qualified in Australian Bush Flower Essences & aromatherapy. Amanda also holds certificates in adult education and stress management.

Infant Massage Australia Inc.'s Mission

To empower parents and enrich families through the nurturing touch of infant massage – fostering healthy communication, understanding and a love for children in our society.

Further Information

- ♥ To enrol in the course, please complete the attached registration form.
- ♥ If there are any other queries please contact Amanda Buckmaster on (07) 3352 7884 or mobile telephone 0409 614 467 or email at amanda.peter@bigpond.com.
- ♥ Visit Infant Massage Australia's website at www.infantmassage.org.au

“Infant massage.... Communicating Love through Touch”

**INFANT MASSAGE AUSTRALIA
INSTRUCTOR TRAINING WORKSHOP REGISTRATION FORM**

Name: _____

Address: _____

Suburb: _____ State: _____ Postcode: _____

Telephone (H): _____ Telephone (W/M): _____

Email: _____

A short note explaining your interest in this workshop

Professional Affiliation: _____

BRISBANE

- 16th to 19th February 2012
- 19-20th May and 16-17th June 2012
- 11-14th October 2012

CAIRNS

- 15-18th March 2012

I enclose:

- Deposit \$100 to secure my place (Non-refundable) OR
- Full payment of \$895

I am paying (at least) 6 weeks prior to the course and claim the **Early Bird Bonus** (to be collected on Day 1 of the training) comprising:

- Either *Vital Touch* by Sharron Heller or *Touching: The Human Significance of Skin* by Ashley Montague (value \$35) – used for completion of the study module.
- A massage doll for the practical component of the training (value \$70)
- 5 bottles of massage oil for use in teaching parents (value \$40)

I understand that the workshop may be cancelled due to insufficient enrolment. If that occurs I understand that my registration fee will be refunded in full.

I cannot attend, but am interested in future trainings YES

Payment methods: Cheque or money order **made payable** to ‘**Amanda Buckmaster**’ and send with this page to:

**Amanda Buckmaster
8 Winnam Street
STAFFORD QLD 4053
(07) 3352 7884 or 0409 614 467
amanda.peter@bigpond.com**

OR

Direct Deposit to BSB: 084-283 Account 028905426 Name: Amanda Buckmaster – please leave your name as reference.

To pay by credit card, please contact Amanda directly.